

Easy itinerary 1: Between medieval walls

From 'piazza delle Erbe' in Castelnuovo, leave the village by the Castruccio gate. Crossed the Serchio river through **S. Lucia bridge**, enter the main road keeping the left. After a couple of bends, turn left to the old provincial road, at the end of which you go over a pedestrian bridge that crosses the main road at **Pontardeto**. Go back to the main road and on the left, near a household store, take a dirt track which goes along a soccer field and later the railway. After a steep descent, you will reach the lake of **Pontecosi** and its village.

After a stop at the lake, take the road on the right leading to the main road, but shortly after the railway viaduct, turn left into a steep road until reaching the road near a petrol station. Take the road to the left for a few hundred meters and then turn right onto the uphill road that leads to the Garfagnana Golf Club and **Bosco di Villa**. Go uphill to the ridge of the hill and then go down to the **Villa Collemandina** lake. Crossed the dam, enter the road that leads to the left after 1 Km to the center of Villa Collemandina.

From the S.Sisto church on the right, an easy dirt road through **Tramonti** leads after few kilometers to the mediaval walled town of **Castiglione di Garfagnana**.

From the main gate of the village ('Drawbridge gate'), turn right and follow the main road downhill leading down to **Pieve Fosciana**, until a crossroad which leads on the left to Sillico village. After 1.5 km, take a large dirt road on the right towards agriturismo '**Ai Frati**' and '**La Piella**' camping. This roads, firstly flat then downhill, keeping the left, reaches the **S. Giuseppe convent** above Castelnuovo. Continue to the hospital and going down, you will return to town.



Start/Finish: Castelnuovo di Garfagnana, 272 m a.s.l.

Length: 22 Km

Slope: 605 m

Highest point: 534 m

Suggested period: all year



Mountain Bike Sharing
Garfagnana



Regione Toscana



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